



**Greenford Northolt & Perivale
Community Forum**

2017 is Time for change for you and your Community too Train as a Northolt Community Champion

We are looking for local people interested in training as Community Champions, to work with GNP to transform the health and wellbeing of Northolt.

Are you aged 18+? Interested personal development? Willing to commit to 7 hours a week.

Why be a Community Champion?

- Receive training, mentoring, qualifications and new skills
- The overall health of your community will be impacted on by your efforts
- Connect services to people and make a real difference to your community
- We welcome residents from Ealing, and surrounding areas, who would like to:-
- Qualify as Community Champions
- Receiving excellent training and support
- Increase your personal development
- Increase your employability

Your training will enable you to train and support local people by communicating health messages. We aim to increase our community's knowledge and understanding of how to live healthier and for longer, whilst encouraging and empowering residents transform their health through signposting, training and sharing Public Health messages.

We want our community to understand what local services are available, how to access them, and where and when to seek support, help and guidance.

Champion your Community!



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